

**\*\*Accurate measurements are crucial to delivering your best fit\*\***

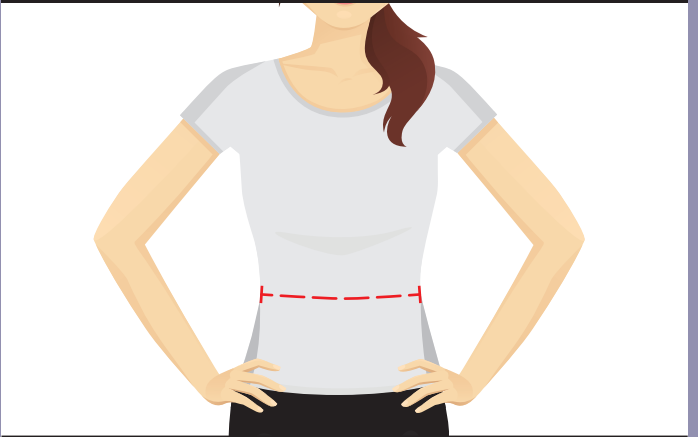


## BEFORE TAKING YOUR MEASUREMENTS:

Have your measurements taken by another person.  
You can not get accurate measurements by yourself.

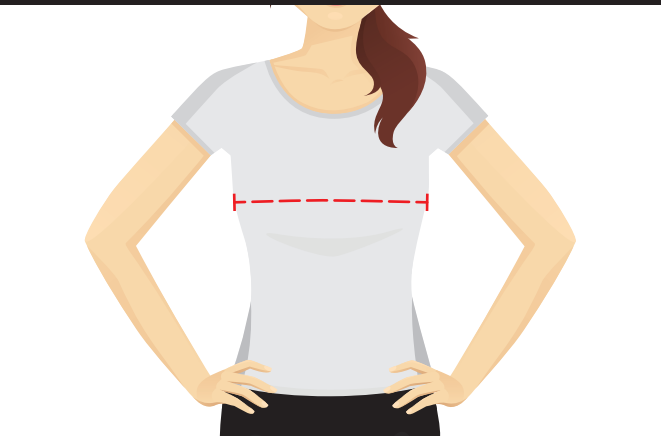
1. Wear tight-fitting clothing.
2. Remove your belt and shoes.
3. Take measurements standing, with relaxed breathing and natural posture.
4. The tape must be parallel to the floor and fit snugly, rather than tightly, against the body. Do not tighten the tape, or leave too much slack.
5. Do NOT estimate measurements taken.  
Our sizing system and garment designs already provide ample room for ease of movement.

## WAIST (Mandatory)



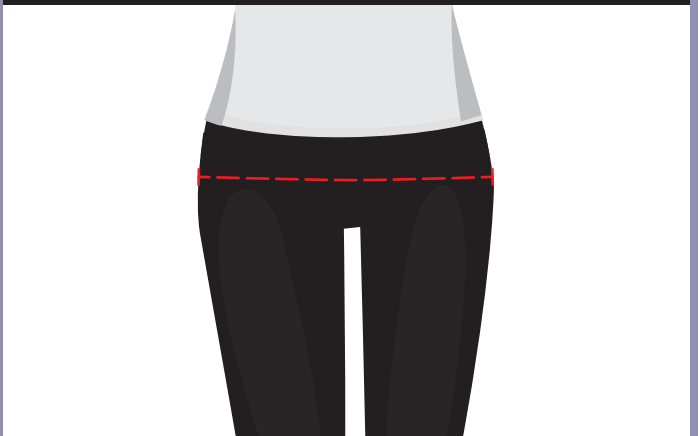
Measure circumference at its narrowest point usually just above the navel.

## BUST (Mandatory)



Measure circumference around the fullest part of the bust (wearing a bra).

## HIP (Mandatory)



Measure circumference around the widest part of the hip/buttocks.

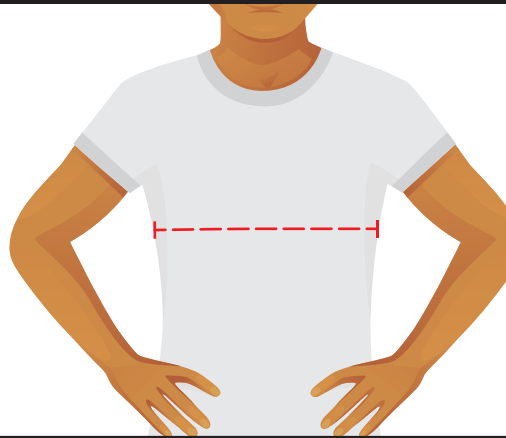
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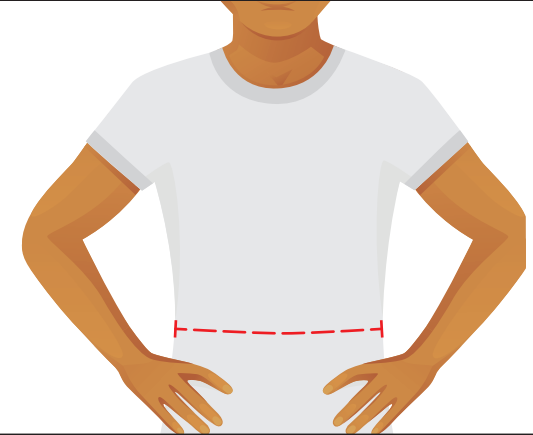
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## CHEST (Mandatory)



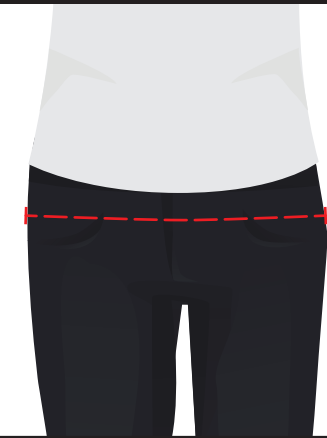
Measure circumference around the fullest part of the chest.

## WAIST (Mandatory)



Measure circumference at its narrowest point usually just above the navel.

## HIP (Mandatory)



Measure circumference around the widest part of the hip/buttocks.

# SIZE CHARTS



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## Ladies body measurement chart

Size	4	6	8	10	12	14	16	18	20	22	24	26	28	30
To fit bust in CM's	74	79	84	89	94	99	104	109	114	119	124	129	134	139
To fit waist in CM's	56	61	66	71	76	81	86	91	96	101	106	111	116	121
To fit hip in CM's	83	88	93	98	103	108	113	118	123	128	133	138	143	148

## Male body measurement chart - Upper

Size	2XS/37	XS/38	S/39	M/40	L/41	XL/42	2XL/43	3XL/44	4XL/45	5XL/46	6XL/47	7XL/48	8XL/49
To fit chest in CM	85	90	95	100	105	110	115	120	125	130	135	140	145

## Male body measurement chart - Lower

Order Size	72R	77R	82R	87R	92R	97R	102R	107R	112R	117R	122R	127R	132R
To fit waist in CM	72	77	82	87	92	97	102	107	112	117	122	127	132